



## 2023 *Tour da Croix*

August **18** – 20, 2023

*Long Distance / Marathon - Point Douglas Beach - Prescott, WI to Stillwater, MN*

**ALL RACERS MUST BE A MEMBER OF U.S.SAILING or U.S. WINDSURFING TO PARTICIPATE**

*To Join US Windsurfing*

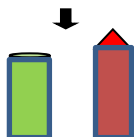
[http://www.uswindsurfing.org/?page\\_id=45](http://www.uswindsurfing.org/?page_id=45)

or call 1-(407)- 758-3075 Cody Steward

Courses will be set using existing navigation marks.  
INLAND RULES of NAVIGATION apply.

**HORN SIGNALS**

● Port - Starboard ● ●



Insurance limitations do not allow **Kites**.



## Agenda - Wind and Weather Permitting

Friday **Long Distance** – *pre-registered* check-in @ event site –

Saturday - **MARATHON** - Check-in Only, no late registration

Skippers Meeting 9:30a.m.

10:00 a.m. Race Start, finish 3:00p.m. Maximum 5 hour time limit

### A-Fleet Classes RACEBOARD MISTRAL / IMCO OPEN KONA WINDFOIL

Men	Men	7.5
8.5 Production	Masters	8.5
Open	Women	9.5+
Women		

### Sport Fleet 7.5 Production Seniors Windsurfing

Men	55-64	Classic WS 5.2 MSL 6.3 etc.
Women	65-69	Junior Boys
<b>T A N D E M</b>	70+	Junior Girls

### *Formula Boards are not recommended.*

Listed classes are possible classes. Five or more sailors must be registered to make a class.

**MOWIND** classes and scoring will be figured separately.

Weight or age breaks may be used. All Fleets / Classes SHARE same START.

☐ USWA – US SAILING

For the purpose of planning, *pre-registration* **Greatly** appreciated

*As of May 1<sup>st</sup>, 2019 ... Parking is no longer free. \$ 7.00 daily*

Mail entry to: Arnie Cleveland, 1221 Pearl St. Prescott, WI 54021

Phone: 715-262-5772 E-mail address: [mistralonedesign@yahoo.com](mailto:mistralonedesign@yahoo.com)

### Information

Check out [www.prescottwionline.com](http://www.prescottwionline.com). Click on the St. Croix Heights Motel Map for a look at the course and the surrounding area, windsurfing video on left [www.midwestspeedquest.com](http://www.midwestspeedquest.com) Click on **WEATHER**, 7 day forecast, 54021 **WINDSURFING LINKS**, MOWIND, U.S. WINDSURFING, etc...



### Area Accommodations

**River Heights Motel** 1020 US Hwy 10, Prescott, WI 54021 715-262-3266

[www.motelprescott.com/](http://www.motelprescott.com/)

**Country Inn & Suites** 8350 E Point Douglas Rd. Cottage Grove, MN 55016  
651-459-3608

**Camping** - St. Croix Bluffs Regional Park – [Robin.Nelson@co.washington.mn.us](mailto:Robin.Nelson@co.washington.mn.us)

10191 St. Croix Trail (Hwy 21) 651-430-8244

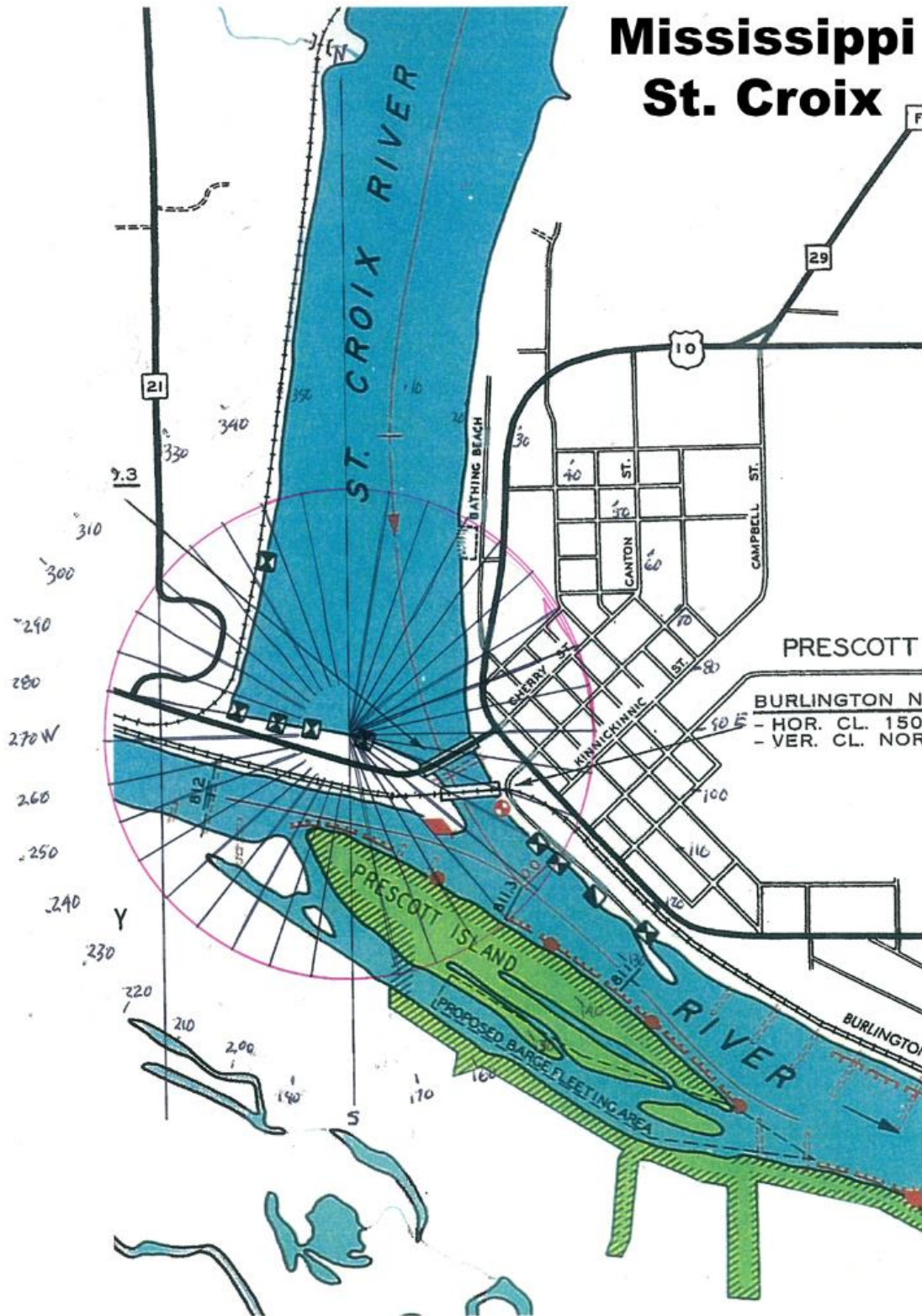
Biking, Hiking, Tennis, Boat Launch [www.co.washington.mn.us/index.aspx?nid=505](http://www.co.washington.mn.us/index.aspx?nid=505)

Minnesota

North

Wisconsin

# Mississippi St. Croix



Wind vectors as sighted from ramp@ Pt. Douglas.

Friday: **Long Distance**, Pt. Douglas to Stillwater, Mn.

Wind 150\*to180\* @10-20kts. G25 max. WIND / WEATHER / BOAT Support permitting.



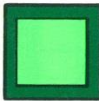



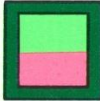






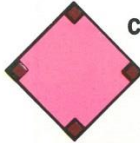
Saturday: **Marathon**, Pt. Douglas to Kinnikinic ???

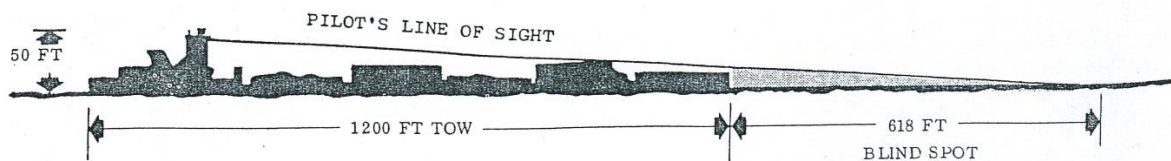
Wind Full Compass @ 3 – 35 kts. ( rig small, stand tall, don't fall )

In light winds, from South. Plan on pumping, against current, to get to wind line.

Current can range from 1.8 kts. @ ramp to 4.8 kts. Under bridges on Wisconsin side @ normal pool elev. 675ft.



AIDS TO NAVIGATION ON WESTERN RIVERS (MISSISSIPPI RIVER SYSTEM)		
AS SEEN ENTERING FROM SEAWARD		
<p><b>PORT SIDE</b></p> <p>■ GREEN OR □ WHITE LIGHTS FLASHING</p>  <p>LIGHTED BUOY</p>  <p>CAN</p>  <p>PASSING DAYMARK</p>  <p>CROSSING DAYMARK</p> <div>176.9</div> <p>MILE BOARD</p>	<p><b>JUNCTION</b></p> <p>MARK JUNCTIONS AND OBSTRUCTIONS INTERRUPTED QUICK FLASHING</p> <p>PREFERRED CHANNEL TO STARBOARD TOPMOST BAND BLACK</p> <p>PREFERRED CHANNEL TO PORT TOPMOST BAND RED</p> <p>□ WHITE OR ■ GREEN LIGHTS</p>  <p>LIGHTED</p>  <p>CAN</p>  <p>JG</p> <p>□ WHITE OR ■ RED LIGHTS</p>  <p>LIGHTED</p>  <p>NUN</p>  <p>JR</p>	<p><b>STARBOARD SIDE</b></p> <p>■ RED OR □ WHITE LIGHTS GROUP FLASHING (2)</p>  <p>LIGHTED BUOY</p>  <p>NUN</p>  <p>PASSING DAYMARK</p>  <p>CROSSING DAYMARK</p> <div>123.5</div> <p>MILE BOARD</p>



13-2 Towboat Danger Area (Blind Spot)

**2023 MOWIND Race Series and US Windsurfing**  
*Tour da Croix*



*Racers Registration & Entry Form*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Sex: ☐ Male ☐ Female Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

**US Windsurfing** Sail # \_\_\_\_\_ expiration date \_\_\_\_\_ Weight: \_\_\_\_\_

Please Circle your Fleet & one Class from that Fleet below

<u><b>A-Fleet</b></u>	<u><b>Sport-Fleet</b></u>	<u><b>Kona-Fleet*</b></u>	<u><b>Formula NRT*--</b></u>	<u><b>Workshop</b></u>
Unlimited*	Junior Girl	sub-classes	Formula*	Workshop
Limited 8.5	Junior Boy	may be made	Formula Experience*	
Raceboard 9.5	Women	by weight	Techno 293*	
Hybrid*Men			Wind Foil	
Women	Senior			

**Note:** Asterisk indicates **U.S. Windsurfing National Race Tour** recognized Fleets and Classes  
Junior's = Under 18 Senior's = 55 & older

Windsurfing Event Participation Liability Release

*Racers must read, understand and sign to participate!!*

Adult Waiver/Release

**WINDSURFING ATHLETIC WAIVER AND RELEASE OF LIABILITY**  
**READ BEFORE SIGNING**

In consideration of being allowed to participate in any way in **2023 Tour da Croix** (MOWIND) windsurfing event, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1) The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,

3) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,

4) I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS *Tour da Croix*, MOWIND, their officers, officials, agents, and/or employees, race directors, race committee members, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

\_\_\_\_\_  
(Participant's Signature) DATE SIGNED: \_\_\_\_\_

**FOR PARTICIPANTS OF MINORITY AGE  
(UNDER AGE 18 AT THE TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

\_\_\_\_\_  
(Parent/Guardian Signature) DATE SIGNED: \_\_\_\_\_

Emergency Phone Number:\_(\_\_\_\_\_)\_\_\_\_\_

This signed waiver/release should be kept on file by the sports organization for at least 7 years or possibly longer if the sailor has been involved in a serious injury.



**2023 MOWIND Race Series and US Windsurfing**

*Tour da Croix*  
**Point Douglas (Prescott, WI) to Stillwater, MN**  
**Wind, Weather, Boat support, Permitting**  
**August 18, 20, 21, 2023**

**SAILING INSTRUCTIONS**

1. **Rules** The Tour da Croix will be governed by the Racing Rules of Sailing (ISAF) 2021-2024 (RRS), (Appendix B) Windsurfing Competition, the Rules of the USW National Race Tour, and the NoR. The class rules of the participation Classes (except any of those altered by these Sailing Instructions), and these Sailing Instructions (SI) will take precedence.
2. **Entries** Notice to Competitors/Changes in the Sailing Instructions and Racing Schedule  
To be an eligible competitor, the entry formalities shall be completed at registration.  
Formalities are: Paying the required entry fee, fill out the registration form (**Fleet, Class, Sail number, Expiration Date / U.S. Windsurfing or U.S. Sailing** and sign the wavier.

Any Notice to the Competitors or change in the Sailing Instructions will be signed by the Race Director and posted on the Official Notice board (ONB) located at the event site. Any change to the sailing Instructions (other than the Racing Schedules) will be posted before 0830 on the day it will take effect. Any change in the first scheduled Starting Times will be posted before 2000 hours ( 8 pm ) on the day before it will take effect.

The following Flag Signals will be used:

Flag "AP" with two (2) sounds signals (one sound signal when lowered) means: "Races not started are postponed. The Warning Signal will be made not less than 30 minutes after "AP" is lowered".

3. **The Courses** The course Diagrams, the order in which Marks are to be passed, and the side on which each Mark is to be left will be posted on the ONB at the skipper meeting.
4. **Marks** The course marks shall be described at the Skippers Meeting.
5. **The Start**

Races will be started as follows

Time	Sound Signals	Title	Visual Signals
5 min	1 short	Warnings	Class Flag
4 min	1 short	Preparatory	P, I, Z, or Black flag
1 min	1 short		P, I, Z Black flag removed
(0)	Long Blast	Starting	Class Flag removed

The starting line will be between the Starting Mark on the Port end and the RC boat located on the starboard end.

Rule 30.3 (Black Flag) shall apply from the first start.

6. **Class Flags** See MOWind flag and starting sequence.
7. **The Finish** The finish line will be between the RC boat and the orange inflatable mark located off shore from launch ramp. As indicated in the respective Course Diagrams.  
**The race will start at 10 a.m. (Wind and Weather Permitting)**  
**And finish no later than 3 p.m. (5 hour maximum time limit)**
8. **Committee Boat Identification**  
Committee Boats will fly colored flags specified at the Skippers Meeting
9. **Change of course after the start.** The committee boat will fly the ('S') flag

10. **Wind Minimum** The minimum wind to start a race will be a constant 3 knots.  
All wind speeds will be measured on shore or on the race committee boat.  
The race committee will be sole judge of wind speed and their decision is final.
11. **Competition Format** The Tour da Croix will be a valid event with 1 race completed.  
If a race has to be postponed that race will be scheduled the next day,  
weather permitting. **Long Distance (wind 150-180' @ 15-25 kts.)**
12. **Scoring** Scoring will be by MOWind Guidelines  
Course less than 30 minutes. Distance less than 1 hour. Long Distance / Marathon more than 1 hour.  
Example: 1<sup>st</sup> place finish time 2:18:56 = 5 courses
13. **Equipment and Measurement checks.** All the boards should comply with class rules.
14. **TV and Press Boats** Actions by the TV and Press boats shall not be ground for redress. Drivers appointed by the Organizing committee will drive these boats.
15. **Environment – Keep it clean, leave it better than when you arrived.**  
Any competitor observed by a member of the events staff – Race Committee discarding trash on site or into the water may, after a hearing called in accordance with Rule 60.2 & Rule 60.3, penalized at the discretion of the Jury in accordance to statements to that effect in the SI's.
16. **Safety Prescriptions** A competitor leaving the Racing Area before the end of the Race shall inform a Race Committee boat before leaving the Race Area or, when that is impossible, the check in point. Immediately after the arrival on shore.  
Competitors not leaving the shore for a Race **shall** inform the Race Committee before the Start.  
If any one of the signals Flag AP over A or AP over H or N over H is made on a Race committee boat, all competitors shall return ashore immediately.
- \* Personal : PFDs' / foot protection advised ! Shoreline is rocky...current can be strong 4+kts.
17. **Liability Waiver** By filling out and signing the registration form, all those taking part in the regatta do so at their own risk and responsibility. The Organizing committee and parties involved with the organization of Tour da Croix disclaim any and every responsibility whatsoever for loss, damage, injury or inconvenience that might occur to persons and goods, both ashore and on the water as a consequence of participation in the Tour da Croix event and any ancillary activity related to the Tour da Croix.

#### **\*Notes from the TOUR DIRECTOR**









Welcome to the St. Croix Valley.

To make this event more enjoyable for spectators, competitors and residents: please observe good conduct and sportsmanship.

- Do not land on the shores of private property of local land owners.
- Emergency pull out, sanitation at St. Croix Bluffs Regional Park  
Located 5 miles up river on the Minnesota side. Two (2) miles south of Kinnickinnic delta.



## Race Signals

	<b>P Flag</b>	<b>Preparatory Flag</b>	<b>Normal starting conditions.</b>
	<b>I Flag</b>	<b>Round the end rule applies.</b>	<b>Anyone over the line with less than one minute remaining must go around an end of the starting line.</b>
	<b>Black Flag</b>	<b>Hard Start: disqualification rule applies</b>	<b>Anyone over the line with less than one minute remaining will be disqualified.</b>
	<b>X Flag</b>	<b>Individual Recall</b>	<b>1 horn sounds, and Individual recalled sail numbers will be announced.</b>
	<b>First Substitute</b>	<b>General Recall Raised with 2 horns. Lowered with 1 horn.</b>	<b>A new starting sequence will begin one minute after the general recall flag is lowered.</b>
	<b>Answer</b>	<b>Postponement</b>	<b>1 Horn</b>
	<b>N Flag</b>	<b>Abandon Race</b>	<b>3 Horns</b>
	<b>S Flag</b>	<b>Shorten Course</b>	<b>2 Horns</b>

## Mowind Starting Sequence and Race Signal Flags

Attention signal sounds shortly before the sequence begins.

<b>Fleet Flag Raised</b>	<b>Horn</b>	<b>5 minutes before start</b>
<b>Preparatory Flag Raised</b>	<b>Horn</b>	<b>4 minutes before start</b>
<b>Preparatory Flag Lowered</b>	<b>Long Horn</b>	<b>1 minute before start</b>
<b>Fleet Flag Lowered</b>	<b>Horn</b>	<b>Start</b>

## Fleet Flags

				
<b>A Fleet</b>	<b>Sport Fleet</b>	<b>A and Sport Fleets</b>	<b>Workshop Fleet</b>	<b>Formula Fleet</b>